

Project Title: **Addressing Loneliness in Aotearoa New Zealand**

Researchers:

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Rauawaawa
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THE UNIVERSITY OF
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Te Whare Wānanga o Waikato



Addressing Loneliness in Aotearoa – New Zealand **Client Participation Information Sheet – Wānanga**

Tēnā koe,

We are conducting research that involves wānanga with multiple groups. The purpose of this research project is to explore the impact of social isolation, identify interventions for addressing loneliness and identify barriers and gaps in existing services. This can potentially reshape the delivery of healthcare services concerning loneliness in Aotearoa – New Zealand. The study employs a wānanga approach, including multiple sessions with kaumātua and kuia, up to six sessions with people with physical disabilities and their family/whānau carers and up to 54 sessions across New Zealand in various locations to gather diverse community input on social isolation and loneliness. There will be approximately 10 participants in a one-hour wānanga to openly share experiences and ideas on loneliness.

Wānanga sessions will be audio-taped with the consent of the group and will be transcribed for research purposes. Private information will be kept confidential. You have the right to among other things:

- refuse to answer any question.
- ask any further questions about the study that occurs to you during your participation.
- withdraw from the wānanga at any time.

Participants may experience emotional distress as a potential harm. To address this, we have protective measures in place and the study is overseen by qualified health professionals who ensure the wellbeing of participants throughout the sessions.

The transcript and any recording will be completely anonymised. We expect the reporting/sharing of the research findings in July 2024. A summary of the research findings may be sent out to you if you would like a copy.

We intend to share our research findings with Rauawaawa Kaumātua Charitable Trust and Carers New Zealand through research reports. We also plan to write an article summarising our research. The article will be submitted to a journal so that the findings from our research are publicly available.

Thank you very much for your time and help in making this study possible. If you have any queries or wish to know more, please feel free to contact one of us.

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