

Project Title: Addressing Loneliness in Aotearoa New Zealand

Researchers:

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Rauawaawa
Kaumātua Charitable Trust



THE UNIVERSITY OF
WAIKATO
Te Whare Wānanga o Waikato



Addressing Loneliness in Aotearoa – New Zealand

Invitation

Kia ora,

We are conducting research that addresses **social isolation and loneliness among people with physical disabilities and their family/whānau carers.**

What are we doing?

- We are conducting wānanga group sessions.
- Exploring the impact of social isolation.
- Identify interventions for health and wellbeing.
- Recognise barriers and gaps in existing services.

When?

- January 2024 - March 2024

Who?

- People with physical disabilities
- Family/whānau carers
- Kaumātua and kuia

Participation is voluntary. You can withdraw at any time. Your information is deidentified and kept completely confidential.

If you would like to participate to help us shape a network of services that will help address social isolation and loneliness in Aotearoa New Zealand and remove barriers, then please contact us to register for a wānanga and to get further information on locations and times.

Focus Group / Wānanga Convenor

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